

POEM OF THE WEEK

SAYING "YES"

I propose a premise
A hypothesis if you would
I believe saying "Yes"
Is a form of power

Ask yourself
What would you prefer
To say? Yes, or no?
Does saying no
Lead to disappointment
Or dispute. It does often

So is saying "yes"
The path to winning
Friends and influencing
People? Ponder a moment

"Yes" and "No" deceptively
Complex words with complex emotions
Before you respond with either
Is the question clear and precise

Is the situation and communication
Clearly understood by both parties
Are their "Yes" or "No" helping them
Clarify an issue or course of action

In human interactions, emotions at play
I suspect not. "Do you love me?" is a minefield
Intentionality and words do match
Words and actions not aligned
"Yes" can equal "No"

My premise, "saying yes is a form of power"
Is, I believe, true under circumstances such as
You're in a frank and honest conversation
(How often does that happen) devoid of emotional
Control or manipulation; questions are clearly defined
In such a way your answer can be either a "Yes, then"
As in a path to achievement, or an assent to a plan
Or activity in total. Always try to be aware of what you
are saying, "I do" has different meanings in different situations

After a lifetime of saying "Yes" and "No" and "I do" or "I don't"
I have learned that a positive attitude is wonderful

Optimism is preferable. The more you say "Yes"
Is a measure of the enjoyment of life, which despite
Its trials and tribulations, disappointments and despair
Is a wondrous thing, a voyage of discovery
A massive library or a massive arena for sports or music
Or massive displays of art.

I believe saying "Yes" Is a form of power
Am I incorrect? Am I wrong?

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Do you want to receive my daily poem a day early? Email "Yes" to lesliedbush@gmail.com.